

1. It is easy to join a Google Meet from a Gmail account. If you don't have a Gmail account, please visit <https://support.google.com/mail/answer/56256?hl=en> for instructions on signing up.
2. Your counselor will email you a Google Meet invite.
3. Please open the email and click the green "Join Meet" button in the email.
4. Sign in via your Gmail account (if it does not automatically do so).
5. You'll be asked for access to the microphone and camera on your device. Please click "Allow."
6. Please click the green "Ask to join" button.